

### IMPLEMENTATION OF THE KAUNY QUANTUM MEMORY METHOD IN FOSTERING THE ABILITY TO MEMORIZE THE QUR'AN AT THE AL KAUTSAR CIANJUR ISLAMIC BOARDING SCHOOL

Rika Siti Karimah<sup>1</sup>, Irawan<sup>2</sup>, Tatang Muh Nasir<sup>3</sup>  
UIN Sunan Gunung Djati Bandung  
rikasitikarimah0@gmail.com ; irawan@uinsgd.ac.id

#### Abstract

*The Kauny Quantum Memory method is a method of memorizing the Qur'an by offering alternative solutions for memorizing the Qur'an into an easy, practical and fun activity. The technique used is by optimizing the intelligence of the right brain to capture visualization of meaning, illustration of meaning, making up stories and associating verse by verse that has been memorized. The purpose of this study was to find out how to implement the Kauny Quantum Memory method in fostering the ability to memorize the Qur'an at the Al-Kautsar Cianjur Islamic boarding school. This study used a qualitative approach with qualitative descriptive research methods while the data collection process used observation, interviews, and documentation. Analysis in qualitative research is carried out during the research, and after collecting data for a certain time. The Al-Kautsar Islamic Boarding School was established under the auspices of the Talaga Expert Foundation as a form of concern for the quality of the Islamic generation. The steps for applying the Kauny Quantum Memory method when memorizing with body movements are as follows: first, when you want to memorize a letter using the Kauny method the first step that must be taken is to pay attention to the movements demonstrated by the teacher. For example, اِذَا the movement is to raise the right hand while pointing up. The movement, الشَّمْسُ is to form a circle like the sun with two hands. Second, follow the movements given by the teacher and do it repeatedly. Third, then after memorizing the movements by knowing the meaning per word and per verse, the teacher gives an explanation about asbabun nuzul from the verse. Fourth, the students write down the memorized verses.*

**Keywords :** *The Kauny Quantum Memory Method, Fostering, Memorizing the Qur'an*

## INTRODUCTION

The Qur'an is a book handed down to the Prophet SAW, written in mushaf, and narrated mutawatir without a doubt. In order to maintain the purity of the Qur'an, in addition to being done by reading and understanding it, namely by memorizing it (Juju Saepudin, 2020).

The Qur'an is a guide for Muslims who have no doubt in it as a guide for the righteous as Allah says in the Qur'an surah Al-Baqarah verse 2.

ذَٰلِكَ الْكِتَابُ لَا رَيْبَ ۚ فِيهِ هُدًى لِّلْمُتَّقِينَ ۚ

Means: *"This book ( Qur'an ) has no doubt on it for those who are devout. "* (QS. Al-Baqarah [2]:2)(Ministry of Religion of the Republic of Indonesia, 2022)

Then in a hadith Rasulullah SAW. Said:

تَرَكْتُ فِيكُمْ أَمْرَيْنِ لَنْ تَضِلُّوا مَا تَمَسَّكْتُمَا ۖ كِتَابُ اللَّهِ وَسُنَّتِي رَسُولِهِ

Means: *"I leave you two things, you will not be lost forever as long as you hold on to both, which is the Book of God (The Qur'an) and my sunnah. "* (HR Al-Hakim) (Malik, 2021).

Islam people are obliged to study the Qur'an to be able to guide, practice and indict what is in the Qur'an Memorizing the Qur'an is part of studying the Qur'an a very noble and praiseworthy deed. Memorizing the Qur'an is one of the activities that are currently widely practiced by Muslims. starting from children, teenagers, adults to elderly people, all of them participate in memorizing the Qur'an either individually or together, both in urban and rural areas we can find activities to memorize the Qur'an (Juju Saepudin, 2020).

Even now, the activities of Musabaqah Hifdzil Qur'an (MHQ) are *booming* in educational institutions. Then memorizing the Qur'an is not only an achievement but people who are able to memorize the Qur'an will get various virtues from Allah. This virtue can certainly be a motivation for Muslims to compete to understand and memorize the Qur'an. From Abu Hurairah *radhiyallahu 'anhu*, Prophet saw. Said:

يَجِيءُ الْقُرْآنُ يَوْمَ الْقِيَامَةِ فَيَقُولُ يَا رَبِّ خَلِّهِ فَيُلْبَسُ تَاجَ الْكَرَامَةِ ثُمَّ يَقُولُ يَا رَبِّ

أَرْضْ عَنْهُ فَيَرْضَ عَنْهُ فَيَقَالُ لَهُ أَفْرَأُ وَارِقٌ وَتُرَادُّ بِكُلِّ آيَةٍ حَسَنَةٌ

Means: *"The Qur'an will come on the Day of Resurrection, and he says, "O Allah, give him jewelry." Then Allah gave a hafidz of the Qur'an the crown of glory. The Qur'an asks again, "O god, add to it."*

*Then she was given a dress of glory jewelry. Then he asked again, "yes god, ridhai him." God has it. Then it is said to the hafidz of the Qur'an, "Read and ascend, it will be added to you the reward of every verse you read." (HR. Turmudzi 3164)(Albani, 2020).*

Memorizing the Qur'an for a Muslim is a worship as well as a prestige, especially for a student at a boarding school if he is able to memorize the Qur'an, so many students try to memorize the Qur'an and even appear pesantren pesantren tahfidz Qur'an.

Related to memorizing the Qur'an, many methods have developed among them there are *takrir*, *wahdah*, *muraja'ah*, *talaqqi* and many others. Actually, the development of the method is a development of the old method then modified, tried and searched which one is more effective for memorizing the Qur'an. among the methods of the method that develops there is one method that attracts researchers, namely the Kauny Quantum Memory Method. The kauny quantum memory method is a method introduced by Bobby Herwibowo, in 2011. Kauny Quantum Memory Method is a method of memorizing the Qur'an by offering alternative solutions for memorizing the Qur'an into an easy, practical and fun activity. The technique used is to optimize the intelligence of the right brain to capture visualizations of meanings, illustrations of meanings, create stories and relate verse by verse that has been memorized. In essence, this method will make memorization more memorable, strengthen memory with a sense of heart and build a love for the Qur'an (Luthfi Dhulkifli, 2020).

In general, this method is not yet known in the community so that there are many obstacles that arise in its implementation, one of which is the teaching staff who understand this method, the reason for applying this method to students first is because students are the next generation who will come down to society.

Another reason behind this method is, first, the complaints of students who feel saturated in memorizing the Qur'an. Second, the increasing awareness and need for students to memorize the Qur'an. Third, want to convey the slogan that memorizing the Qur'an is easy, practical, and fun.

Boarding school, A l-Kautsar is One of the institutions that has tested this method. The students there in memorizing the Qur'an use this kauny method and the results are based on an interview with one of the ustadzah there that by using this method the students memorize well and do not feel burdened unsaturated and pleasant (Zenab, 2020).

Based on this exposure, the author is interested in wanting to examine more deeply what this method is like.

The Kauny method in practice consists of several steps in a row, namely: *Fun Theory, Mind Mapping, Baby Reading, Anchoring and Quantum Tahfidz*. Based on a preliminary study that has been carried out by interested researchers entitled: Implementation of the *Kauny Quantum Memory* Method in fostering the Ability to Memorize the Qur'an at the Al Kautsar Cianjur Islamic Boarding School.

## METHOD

This research uses a qualitative approach with qualitative descriptive research methods, according to Nana Syaodih Sukmadinata, qualitative descriptive research is aimed at describing and describing existing phenomena, both natural and human engineering, which pay more attention to the characteristics, quality, and relationship between activities (Nana Syaodih Sukmadinata, 2020).

## RESULT

Based on the results of interviews with the teaching staff at the Al-Kautsar Cianjur Islamic Boarding School, this learning process is effectively proven to be carried out as shown in the table below:

**Table 1** : Tahfidz Class Data (Syfa Adawiyah, 2020)

| No | Name            | Class               | Number of memorizations Al-Qur'an |
|----|-----------------|---------------------|-----------------------------------|
| 1  | Ami Nuraeni     | Maryam              | 1 juz                             |
| 2  | Dara Nurusyifa  | Shababiyyah         | 4 juz                             |
| 3  | Nanda           | Murabithah          | 3 juz                             |
| 4  | Siti Robi'ah    | Ummahatul believers | 9 juz                             |
| 5  | Dea amalia      | Mujahedeen          | 2 juz                             |
| 6  | Syfa F Case     | Maryam              | 1 juz                             |
| 7  | Femi Nurfatimah | Mujahedeen          | 2 juz                             |
| 8  | Leli Nurjanah   | Mujahedeen          | 2 juz                             |

|    |                    |                     |            |
|----|--------------------|---------------------|------------|
| 9  | Icha Seftiani      | Maryam              | 20 letters |
| 10 | Siska Purnamasari  | Ummahatul believers | 8 juz      |
| 11 | Atikah             | Ummahatul believers | 10 juz     |
| 12 | Nurul Fauziah      | Shababiyyah         | 4 Juz      |
| 13 | Yofa Amalia        | Ummahatul believers | 9 juz      |
| 14 | Tia Fatmala        | Ummahatul believers | 8 juz      |
| 15 | Mely Syifa Triani  | Murabithah          | 3 juz      |
| 16 | Vera Fahria        | Murabithah          | 3 juz      |
| 17 | Siti Farida R.     | Mujahedeen          | 2 juz      |
| 18 | Fitri Ramadhani    | Maryam              | 25 letters |
| 19 | Elsa Rahmawati     | Maryam              | 23 letters |
| 20 | Siti Salma         | Maryam              | 27 letters |
| 21 | Sahra Nurisprianti | Maryam              | 30 letters |
| 22 | Lilis Kholisoh     | Ummahatul believers | 15 juz     |
| 23 | Mega Purnamasari   | Murabithah          | 3 juz      |
| 24 | Lisa Wahidah       | Shababiyyah         | 4 juz      |
| 25 | Febi Mentari       | Shababiyyah         | 4 juz      |

From the data on the memorization acquisition of students of the Al Kautsar Cianjur Islamic Boarding School, it can be concluded that the memorization results of each student are different in terms of their abilities (IQ), each of which is faster, some are slow, then seen in terms of previous experience, whether they have memorized or not, and more importantly, it is seen in terms of motivation or willingness of each individual. However, at the end there will always be an evaluation in the form of an exam, for students who have the ability to be faster and maintain it stronger, they will be able to complete their memorization using the quantum memory kauny method within 3 years, but even though the memorization results of each student are different, the memorization tested at the end can be ensured to be of good quality or smooth on the condition that the students must be able to continue verses, Read forward, read backward, know meaning per word, know meaning per verse, know verse number and *asbabun nuzul*.

## DISCUSSION

### Understanding *the Kauny Quantum Memory Method*

Method is a regular way used to carry out a work to be achieved as desired, a systemic way of working to facilitate the implementation of an activity in order to achieve the specified goals (Muhtaromah, 2017).

*The Kauny Quantum Memory* method is one of the methods for memorizing the Qur'an. This method was originally introduced by Ustad Bobby Herwibowo, Lc, an alumnus of the SI Faculty of Shari'a Univ. Al- Azhar Cairo, Egypt. The meaning of the word Kauny comes from the basic word in arabic kana which means to exist. The meaning of the word Quantum in literature means the multiplicity of things, mechanically it is the study of movement. So, quantum mechanics is a science that studies the particles of a moving sub-atom. However, according to experts, quantum language is taken from a foreign language and was originally used for things related to chemistry and physics. However, following the development of the language the use of the word quantum is also related or trying to be connected with some other things such as teaching(Energi.Com, 2022)

The meaning of the word Memory according to the Big Dictionary Indonesian is an awareness of past experiences that come to life (memory), a computer device that can store and record information (KBBI, 2023)

The *Kauny Quantum Memory* method is a link that attaches meaning to pieces of unconnected information. Then, put it in its context that attaches the memorizing person to the real world with some form of logic so that it is very easy to remember.

The brain memory of humans with a capacity of 30-70 trillion giga exceeds the memory of any supercomputer ever made by humans. The human mind can be programmed to do what it wants. The right and left brains that humans have are a perfect set. The subconscious mind or the right brain of the human being can do magical things depending on how to manage them. Here it will make it easier for memorizers to understand how to exercise the subconscious ability to memorize the Qur'an. The first thing to do is to think positively, because thinking positively will open autosuggestion to positive things. It can bring prospective memorizers to memorize the Qur'an easily. In carrying out the *Kauny Quantum Memory* method the memorizer will feel how the mind, heart, body can feel relaxed. The more relaxed it is, the easier it will be to memorize. This method is very

motivating to work on something big but in such a small way (Danilo Gomes de Arruda, 2021).

*Kauny Quantum Memory* Method is a method of memorizing the Qur'an by offering alternative solutions for memorizing the Qur'an into an easy, practical and fun activity. The technique used is to optimize the intelligence of the right brain to capture visualizations of meanings, illustrations of meanings, create stories and relate verse by verse that has been memorized. In essence, this method will make memorization more memorable, strengthen the memory with a sense of heart and build a love for the Qur'an. This method also makes the memorizer not only memorize the Arabic text but also understand the meaning or meaning of the memorized verse.

In the *Kauny Quantum Memory* method, which uses *baby* reading techniques, this technique is used to facilitate memorization and reading. Baby reading techniques such as teaching children verbatim, without the need to spell or explain the existing series of letters, but directly exemplify the sound of the word. In addition, to make this method easier to memorize the Qur'an, it requires a feeling of pleasure, passion and good respect for this method because when using the *Kauny Quantum Memory* method with feelings of joy and smiles, the knots of memory ties in images and stories can be absorbed optimally. These things that are needed are closely related to the use of the right brain. (Danilo Gomes de Arruda, 2021)

Memorizing the Qur'an will feel easier with a positive way of thinking because the power of positive thinking will indirectly make you more excited / passionate, calmer to face difficulties when memorizing the Quran and always optimistic in memorizing the Quran. In memorizing the Quran, a person's abilities vary. There are people who are very easy, on the contrary, there are people who are difficult to memorize, and there are also those whose memorization ability is mediocre. In order for students to memorize easily and pleasantly, appropriate and suitable strategies and methods are needed, similarly, the implementation of memorizing the Quran requires methods and techniques that can facilitate these efforts, so that they can succeed well. Therefore, method is one of the factors that help determine success in memorizing Quranic verses (Ningsih, 2020)

The *Kauny Quantum Memory* method can be a new variety for the development of memorization methods in the world of education, which can be an alternative for teachers

in carrying out an interesting and quality learning process because this method is fun, so as not to make students feel pressured in memorizing Qur'anic verses.

In the book *Memorizing the Qur'an With the Right Brain* By Tanzil Khaerul Akbar and Ardi Gunawan explain the types of memorization of the Qur'an as follows:

### **1. Visual Type**

This is the type of person who learns and understands things a lot by looking at books, photos, videos, diagrams, as well as various interesting visual materials. People who belong to this type should pay a lot of attention and read. So that the visualization of the pages of the Qur'an that will be memorized is more interesting.

### **2. Auditory Type**

People who easily remember easily other people's speech and verbal explanations, then belong to the auditory type of person. For that, you can use the speakers of the Qur'an or you can listen to your own voice recording when you are going to repeat the memorization of the Qur'an.

### **3. Kinesthetic type**

People who learn by relying on physical aspects and movements, need to hold and feel the things learned, not just seeing and hearing the material. Usually, it will be easier to recite by moving your hands while walking back and forth and feeling the sound yourself until it is heard to one's own ears. In addition, you can imagine the events in the Qur'an that are being memorized with movements such as pantomime. It may be a bit complicated but for true kinesthetics, *its really works!* For the kinesthetic type, this is the best style to make rote memorization fun.

### **4. Types of utilizing stress**

It turns out that stress is not only a negative impact. In fact, there are people who are more focused on studying when stressed. The number of tasks and exams actually spurs to excel. It's not that it has to be setres constantly, basically everyone has the ability to manage setres and deal with depressed situations. In fact, they actually need a challenge. On the contrary, a relaxed state will make him weak because of that, don't give me slack. You must always set a target, so that you are always motivated to meet it. Set daily memorization limits and pursue targets so that they can be met.

## 5. Types of writing

The secret to perfectly absorbing rote memorization is to write it down. It can be by writing a note at the beginning of each verse on a memorized page or you can make a summary.

## 6. Types of listening to memorization of trusted/influential people

If the teacher/person who delivers the lesson and demonstrates the memorization of the Qur'an by appearing inspiring and able to communicate well, then the influence will be very pronounced. This type of person feels that the process of learning to memorize the Qur'an will be very effective if he listens to competent / influential people. So people of this type must find a teacher or mentor who is really good and can explain well and clearly.

## 7. Types of teaching

There are some people who can learn well if they teach it to others. This type of memorizer should multiply talking about the meaning or translation of the verse he is memorizing. Is like a teacher explaining to his students. In this way his memorization will be more deeply rooted.

## 8. Imitation type

Doing memorization by imitating what the person pronounces that leads to pronouncing the memorization verse by verse. By imitating like this, you can master and understand a material quickly (Tanzil Khaerul Akbar, 2018).

The activity of memorizing the Qur'an is closely related to the brain, which is the control center of human activities. The human brain has amazing abilities, which are composed of trillions of brain cells, and each brain cell looks like a small octopus that is so complex. Brain cells have a center with many branches and each branch has many connections. Each of these cells corresponds to hundreds of thousands of other cells and they exchange information with each other(Iqbal, 2018).

*The cerebrum* is the largest part of the human brain. It is this part of the brain that processes all intellectual activities (the ability to think, remember, imagine and plan things). This big brain consists of two hemispheres, namely the right brain and the left brain. Both have different functions(Tanzil Khaerul Akbar, 2018).

**Table 2 :** Right Brain And Left Brain Function(Tanzil Khaerul Akbar, 2018).

| <b>Left brain</b>                    | <b>Right brain</b>                   |
|--------------------------------------|--------------------------------------|
| <b>Analytical/Academic</b>           | Creative                             |
| <b>Logic</b>                         | Rhythm                               |
| <b>Words</b>                         | Music                                |
| <b>Number</b>                        | Picture                              |
| <b>Mathematical</b>                  | Imagination                          |
| <b>Thinking sequence</b>             | Conceptual                           |
| <b>Routines/Repetitions</b>          | Think Randomly                       |
| <b>Detail</b>                        | Intuition                            |
| <b>Organized</b>                     | Global/Comprehensive                 |
| <b>STM (<i>Sort Term Memory</i>)</b> | <b>LTM (<i>Long Term Memory</i>)</b> |

In the book *Memorizing the Qur'an with the Right Brain* by Tanzil Khaerul Akbar, Ardi Gunawan explained that the left brain is easy to forget because it only stores everything in the short term (short term memory) while the right brain's ability is not easy to forget because it can store everything in a long term (*long term memory*) it is the greatness of the right brain that can help to keep the memorization of the Qur'an in long-term memory. Memorizing the Qur'an using the right brain makes it easier for anyone to memorize. Because the imaginative and creativitve nature of the right brain makes it possible to memorize in the unique style of each version. Memorizing the Qur'an with the right brain means playing emotional intelligence when reading it so that it can present a happy feeling when successfully memorizing it (Tanzil Khaerul Akbar, 2018).

The right and left brains that humans have are a perfect set. The subconscious mind or the right brain of the human being can do magical things depending on how to manage them. The *Kauny Quantum Memory* method will make it easier for memorizers to understand how to exercise the ability of the subconscious mind to memorize the Quran. The subconscious mind is capable of performing super actions. He never fell asleep. The subconscious mind always works even if it is in a state of sleep or unconsciousness. It has a non-physical sense that regulates, controls and responds to everything that is not controlled by the physical sense in a conscious state (Danilo Gomes de Arruda, 2021). How to use the subconscious ability or the ability of the right brain to memorize the Quran is:

*First*, by thinking positively, because thinking positively will open up autosuggestion to positive things. It is able to bring prospective memorizers to memorize the Quran easily. This kind of feeling is very important because a positive attitude can cleanse the heart of negative things that shackle one's mind and heart so that memorizing the Quran will be more relaxed.

*Secondly*, intention, because intention is the installation of a subconscious program that is very effective for successful memorization. However, most people discuss intention only because of merit when the role and function of intention is very influential for everything that will be done (Danilo Gomes de Arruda, 2021).

This method is very motivating to work on something big but in such a small way. Because, when memorizing the Qur'an feels relaxed and really has intentions in the heart, relaxed and positive thinking, the ability of memory speed to remember and signal will be very fast. One of the things that makes *Kaunyy Quantum Memory* an eye-catching method is the visualization technique of the Qur'an. Verses of the Qur'an are introduced with illustrations of images or stories or movements that are unique and sometimes evoke laughter. Stories created to make it easier for people to memorize verse by verse are very powerful and can provoke brain memory so that the memorization process feels easier (Danilo Gomes de Arruda, 2021).

The visual effects of an event will be easily accepted by the brain. It will store in a memory that if needed at any time it will be as easy as the process of summoning. This method provokes the mind to be able to understand and explain the message conveyed in an illustration (Danilo Gomes de Arruda, 2021).

There are at least 4 main things that make the practice in the Quantum Memory kaunyy method get maximum results, including:

- 1) Practicing sensory sensitivity
- 2) Sensing sensations
- 3) Remembering the story scenario
- 4) Using the power of association

These four points can be felt when you start to see illustrations (pictures), listen to the instructor (when attending training), and read the chronology of the story by always keeping the mind thinking positive, open and eager to memorize the Qur'an (Danilo Gomes de Arruda, 2021).

### **Steps to practice the *Kauny Quantum Memory* method**

In practicing the *Kauny Quantum Memory* method, the steps that must be taken are as follows:

#### *1) Baby Reading*

*Baby Reading* is one of the steps of memorizing by being led first. This kind of learning model was once exemplified by the Prophet Muhammad SAW and friends. The Messenger of Allah SAW only read directly the series of letters without spelling from the verse he heard directly from the Angel Gabriel. Likewise, the companions, they only heard the verses over and over again until they absorbed and memorized them easily. This kind of technique is very helpful for people who are not familiar with Arabic letters.

Like teaching children to pedal a bicycle, there is no need to explain to the child which saddle, tires, fingers or steering wheel. There is no need to explain the definition, meaning, origin of bicycles and others. The thing that needs to be done is simply to tell the child to ride a bicycle, then paddle and paddle. The most important thing is how children are willing to practice over and over again so that they can ride it with pleasure (Danilo Gomes de Arruda, 2021).

#### *2) Mind Mapping*

*Mind Mapping* is a method of creative thinking by developing visual learning power. Placing and grouping information into a dedicated space that we need to be easily accessible at any time. The concept of *Mind Mapping* was originally introduced by Tony Buzan in the 1970s. This technique is also known as *Radiant Thinking*. And it has been widely used in various developments of learning methods.

This method can give a thorough view of the subject matter. Like, when reading twenty names of letters in the Qur'an repeatedly or a dozen times it will be memorizable, but there is no guarantee to keep this memory for a long time. Because there are many different names, the arrangement of which is definite and should not be reversed.

With this technique it is possible to plan a route or make choices and know where to go and where it is, despite the rough terrain, the readings to be memorized a lot or the language spoken is foreign. Then encourage problem solving by letting see the paths of new creative breakthroughs created in-house with ease. By creating your own storyline that is fun to see, read, digest and remember. That way there are no verses or letters of any kind that are difficult to memorize. Everything is easy, fast and sticks for a long time (Danilo Gomes de Arruda, 2021)

### 3) *Anchoring*

*Anchoring* or linking method is attaching meaning to pieces of unconnected information, then placing them in context that attaches them to the real world with some form of logic so that it is very easy to remember. Through this method it can outwit the brain and direct it exactly as desired and will better remember it jiga uses all the power of the five senses to feel directly.

In classical psychological terms, *an anchor* is a stimulus that triggers a specific reaction. *Anchors* can occur by themselves (naturally), can also be created intentionally. The *anchoring* technique is the technique of providing a mental message with touch or action and words to associate a specific event. This technique works by inserting an anchor of emotion into the student without the student in question noticing. The anchor of such emotions is a positive suggestion that is easily accepted by the subconscious mind of the student. Suggestions are words programmed into the soul. *Anchors* are of three types. First *Anchor* visually or through sight, second *Anchor* through audio and third *Anchor* through kinesthetic or motion (Supendi, 2021)(Supendi, 2021).

As for the *Kauny Quantum Memory Method*, there are many variants (types) including using illustrated storylines, illustrating illustrated stories, and using body movements according to the meaning of the verse in question. But researchers here focus on researching the *Kauny Quantum Memory* method which is carried out with body movements, following those already in the Al Kautsar Cianjur Islamic Boarding School.

### **Advantages of the *Kauny Quantum Memory Method***

In the book memorizing the Qur'an as easy as smiling by Bobby Herwibowo that the advantages of the *Kauny Quantum Memory* method are as follows:

- a) The learning method is very systematic, easy and fast.

- b) It consists of trainees with different social, economic and age backgrounds.
- c) Memorization techniques can be done by anyone, whether they can read the Quran or who are still illiterate.
- d) Use relaxation for memorization.
- e) Awakens the sharpness of the five senses and the subconscious ability to memorize.
- f) Using story and drawing/illustration techniques to create memory nodes when remembering memorized verses.
- g) Using memory binding techniques in memorizing the meaning per verse, the order of the verses, so that it can memorize from top to bottom, from bottom to top or in a random way .
- h) Strongly emphasizing the importance of makhraj, tajwid, and facile since the first time of memorization.
- i) Trainees can write verses according to their memorization.
- j) Using the right brain or subconscious abilities and imagination while memorizing.

#### **Disadvantages of the *Kauny Quantum Memory* Method**

The disadvantages of the *Kauny Quantum Memory* method include:

- a) In carrying out this method, it is difficult for students to carry it out on their own but must get an instructor or guidance from the teacher.
- b) The implementation process is not practical, because before memorizing students have to go through various activity processes such as memorizing movements and meanings per verse.
- c) The time is inefficient because it takes a long time.

Retrain before passing on memorization to the next verse. Because the essence of tahfizh is not only in the effort of memorization but the next phase is to keep memorization so that it is not easily lost (Danilo Gomes de Arruda, 2021).

#### **How to memorize the Quran to strengthen the *Kauny Quantum Memory* method**

- a) Read it over and over again several verses to be memorized, for example one page
- b) Remember the initial word in each verse

- c) Understand the meaning of the verse because it will know the relationship of one verse to another.
- d) Trying to read without seeing the mushaf half the first page.
- e) Do it over and over again until it's really used to saying the words in the sentence.
- f) Ask a friend to see the scripture we read.
- g) If the friend has stated that it is true, then you can proceed to the next verse
- h) Repeating over and over until it's really lancer.

Can use MP3 to equalize readings and enjoy memorization

### Understanding Memorizing the Qur'an

Memorization in Arabic is known as Al-hifzh which is the root of the word *hafidzu-yahfadzu- hifdan* which guards, maintains, protects (Munawwir, 2021). Hifzh itself is based on a three-letter formula "ha-fa-zha" which means it revolves around paying attention and keeping something so that something is not lost and loose (forgotten)(A. Muhaimin Zen, 2020).

According to Abdul Aziz Abdul Rauf in the book Grounding the Qur'an memorization is the process of repeating something, either by reading or hearing (Rauf, 2020). Meanwhile, according to Ahsin W. Al-Hafizh, memorizing the Qur'an is the first step to understand the content of the Qur'anic sciences which is carried out after the process of reading the Qur'an properly and correctly (Ahsin W Al-Hafizh, 2020).

*Hifzh* Al-Qur'an is an activity of memorizing the Qur'an carried out by a person with the aim of drawing closer to Allah Almighty., as for people who memorize the Qur'an commonly called *Al-Hafizh* in its singular form and *Huffazh* in its plural form (A. Muhaimin Zen, 2020). So memorizing the Qur'an is the process of memorizing the Qur'an as a whole, both by memorizing it and by accuracy in reading it, seriously devoting its attention to keeping its memorization from being lost or forgotten.

In terms of language (etymology) the word *Qur'an* is isim masdar (verb in question) from the word "*qara'a*" (reading ) the synonym is *Al-qira'ah* (reading). While the *Qur'an* according to the term is a book handed down to the Messenger of Allah SAW., written in mushaf, and narrated mutawattir without a doubt. This is explained in the word of God which reads:

إِنَّا عَلَيْنَا جَمْعَهُ وَقُرْآنَهُ ۚ ۱۷ فَلَا تَرَاهُ فَاتَّبِعْ قُرْآنَهُ ۚ ۱۸

Means:

"Indeed, it is upon our dependents to collect it (in your bosom) and (make you clever) read it. When we have finished reading it Then follow the reading". (QS. Al-Qiyamah [75]:17-18)(Ministry of Religion of the Republic of Indonesia, 2022).

The Qur'an is reserved as the name for the book revealed to Muhammad PBUH. until the Qur'an became the special name of the book, as a self-name. And in combination the name is used for the name of the Qur'an as a whole as well as for the naming of the verse (Al-Qattan, 2015).

The scholars mention a definition of the Qur'an that is close to its meaning and distinguish it from others by mentioning that the Qur'an is a kalam or word of Allah handed down to Muhammad Saw. "kalam" is a group of types that include all kalams. And by connecting it to Allah Swt (kalamullah) means excluding all human kalams, jinns and angels. And limiting what was passed down to Muhammad SAW. not including those passed down to previous prophets, such as the *Torah, the Gospels* and others (Al-Qattan, 2015).

## CONCLUSION

Based on the results of research on the implementation of the *Kauny Quantum Memory* method in fostering the ability to memorize the Qur'an at the Al-Kautsar Islamic Boarding School, it can be concluded as follows:

1. The steps for implementing the Kauny Quantum Memory method at the Al-Kautsar Cianjur Islamic Boarding School are in accordance with the interview with the theory in the *Kauny Quantum Memory* method book that this method is very effectively applied in Al-Kautsar Islamic Boarding School.
2. The factors of pendu kungthis method include the method of *fun kauny*, the willingness to be conscious, discipline and istiqomah. While the inhibiting factors include laziness, slowness and staying away from maxiate.

3. From the data on the memorization acquisition of students of the Al Kautsar Cianjur Islamic Boarding School, it can be concluded that the memorization results of each student are different in terms of their abilities (IQ), each of which is faster, some are slow, then seen in terms of previous experience, whether they have memorized or not, and more importantly, it is seen in terms of motivation or willingness of each individual.

However, at the end there will always be an evaluation in the form of an exam, for students who have the ability to be faster and maintain it stronger, they will be able to complete their memorization using the *kauny quantum memory* method within 4 years. However, for students who have ordinary abilities and do not have high motivation, it will be difficult to complete their memorization within 4 years. However, even though the memorization results of each student are different, the memorization tested at the end can be ensured to be of good quality or smooth on the condition that students must be able to connect verses, read forward, read backwards, know the meaning per word, know the meaning per verse, know the verse number and *asbabun nuzul*.

## REFERENCES

- A. Muhaimin Zen. (2020). *Tahfizh Al-Quran Metode Laubun*. Jakarta: Transpustaka.
- Ahsin W Al-Hafizh. (2020). *Bimbingan Praktis Menghafal Al-Quran*. Jakarta: Bumi Aksara.
- Al-Qattan, M. K. (2015). *Studi Ilmu-ilmu Qur'an, terj. Mudzakir AS* (15th ed.). Jakarta: PT. Pustaka Litera AntarNusa.
- Albani. (2020). *Shabih Sunan Tirmidzi*. Jakarta: Pustaka Azzam.
- Danilo Gomes de Arruda. (2021). *Konsep daya Ingat Pada Buku Kauny Quantum Memory Menghafal Al-qur'an Semudah Tersenyum*.
- Departemen agama RI. (2022). *Al-Qur'an dan terjemahnya* (2nd ed.). Jakarta: putra perja.
- Energi.Com, www. Q. (2022). arti-definisi-kata-quantumenergi.html. [Http://Www.Quantumenergi.Com](http://Www.Quantumenergi.Com).
- Iqbal, A. (2018). *Penggunaan metode master dalam menghafal al-qur'an di Yayasan Askar Kauny*.
- Juju Saepudin, D. (2020). *Membumikan Peradaban Tahfiz Al-Qur'an*. Jakarta: Balai Penelitian dan Pengembangan Agama Jakarta.
- KBBI. (2023). <http://kbbi.web.id/memori>.
- Luthfi Dhulkifli, M. (2020). Pengaruh Metode Kauny Quantum Memory Dalam Menghafal Qur'an Sejak Dini di SD IT Lukman Hakim Yogyakarta. *SPEKTRA: Jurnal Kajian Pendidikan Sains*, 6(1), 64. <https://doi.org/10.32699/spektra.v6i1.111>

- Malik, I. (2021). *Al Mumaththa*.
- Muhtaromah, S. (2017). *Pengaruh Metode Kauny Quantum Memory Terhadap Kemampuan Menghafal Al-Qur'an, Skripsi*. Banten: IAIN Sultan Maulana Hasanudin.
- Munawwir, A. W. (2021). *Kamus Indonesia Arab, (Surabaya, (3rd ed.)*. Surabaya: Pustaka Progresif.
- Nana Syaodih Sukmadinata. (2020). *"Metode Penelitian Pendidikan"*. Bandung: PT. Remaja Rosdakarya.
- Ningsih, R. S. (2020). Penerapan Metode Kauny Quantum Memori Dalam Meningkatkan Hafalan Potongan Ayat Al-Qur'an Pada Materi Mata Pelajaran Fiqih Kelas XI MA Palembang. *Jurnal PAI Raden Fatah*, 1(2), 201.
- Rauf, A. A. A. (2020). *Kiat sukses Hafizh Quran Daiyah*. Bandung: Asy Syaamil.
- Supendi, D. A. (2021). *Teknik Anchoring Dalam Memotivasi Belajar Siswa, Prosiding SAGA – ISBN : 978-602-17348-7-2*.
- Syfa Adawiyah. (2020). *Guru Tahfidz Pondok Pesantren Al Kautsar, Wawancara Terstruktur*.
- Tanzil Khaerul Akbar, A. G. (2018). *Menghafal Al-Qur'an Dengan Otak Kanan*. Jakarta: PT Elex Media Komputindo.
- Zenab, S. (2020). *Guru Tahfidz Pondok Pesantren Al Kautsar, Wawancara Terstruktur*.